

## Philosophy

You must first draw from the well to nourish yourself, then you have more than enough to nourish others.

We invite you to experience our nurturing environment for both men and women to escape the pressures of everyday life.

## Gift vouchers

Treat a friend, associate or loved one to a nourishing experience. Vitaminsea offer customized gift certificates to the value or treatment of your choice.

Phone or visit us to arrange.

## Bookings

In order to ensure availability of treatments, please book appointments in advance. We require a 50% deposit for treatments above \$50.00. Out of consideration of other clients, a minimum of 24 hours notice is required to cancel or reschedule any appointment. Any appointment incurring no contact or no show prior to treatment will forfeit gift voucher or booking fee.

## Arrival

To receive full value for your experience, we suggest you arrive 10 minutes prior to your appointment to relax and be ready for your treatment.

## Attire and Belongings

Dress comfortably with minimal jewellery. Various treatments require different levels of undress. We will provide you with a robe or a gown. Please respect the privacy of all clients using a lowered voice and turning mobile phones and pagers off or to silent while in the studio.

## Body

Pre-natal massage - A special bed is used to which enables you to lie on your tummy, using natural body oils.

Wellbeing back massage	\$70
Wellbeing massage with 4 hands	\$45
Swedish relaxation massage	\$125
	\$70

## Sacred Hot Stone Therapy

Increases circulation, lymph & vitality whilst releasing toxins and softens tension & tight muscles. Hot stones are placed & used on the body throughout the massage restoring physical, emotional & spiritual wellbeing.

Sacred Hot Stone Back Massage	\$150
	\$95

## Algologie Marine Body Solutions

Begin your personalized body solution with an invigorating body exfoliant. Then be cocooned in a Warm wrap to nourish the skin, finished with a Heavenly head to toe massage...

Full body exfoliation with marine salts followed by a signature wrap designed specifically for your body's needs	\$150
<ul style="list-style-type: none"><li>• Restorative &amp; healing</li><li>• Detoxifying</li><li>• Energizing</li></ul>	
Exfoliation only	\$55
Exfoliation with tan application	\$65
Exfoliation, wrap and massage	\$195

## Hands and feet

We soak in milk, exfoliate with fragrant rub, massage in oil & hydrate in body butter. Heavenly...

Tropical Paradise manicure	\$55
Tropical Paradise manicure with paraffin	\$65
Tropical Paradise pedicure	\$60
Tropical Paradise pedicure with paraffin	\$70
Tropical paradise pedicure with reflexology	\$80
Mini Manicure	\$40

All prices and treatments are subject to change.

# vitaminsea

skin & body studio

A heavenly experience for  
Women & Men

facials

spa body treatments

manicures

pedicures

waxing

make-up

tinting

swedish massage

peels

bridal

exfoliation

tan application

Why not treat yourself & a friend for an appointment today.

Shop 18 Merimbula Plaza,  
Merimbula nsw 2548 64953910

[www.vitaminsea.com.au](http://www.vitaminsea.com.au)

## Face

<b>Algologie marine solutions facial</b>	<b>\$78</b>
Treatments individually designed for your skins special needs using skin analysis and diagnosis.	
<ul style="list-style-type: none"> <li>• Anti ageing</li> <li>• Sensitive, couperose a speciality</li> <li>• Oily/problem</li> <li>• Normal.</li> </ul>	
Includes traditional and/or lymphatic drainage massage.	
Upgrade to	
<b>Deluxe Algologie marine solutions facial</b>	<b>\$98</b>
The above treatment plus	
Arm and lower leg exfoliation with marine salts followed by relaxing massage.	
<b>Teenage skin health check package</b>	<b>\$100</b>
Algologie marine solution mini facial with skin consultation. Complimentary mini Algologie 3 products and mini makeover	
<b>Algologie mini marine facial</b>	<b>\$45</b>
For the time challenged. Designed to introduce you to our touch, treatment and products.	
An instant pick-me-up. Just a taste of what we do...	
<b>Intensive serious solutions</b>	
Marine Solution Facial with Rubber Mask	<b>\$95</b>
Marine Solution Facial with Collagen or	<b>\$138</b>
Superoxide Dismutase	
Marine Solution Facial with Vitamin C Mask	<b>\$95</b>
Wellbeing facial massage - relaxing techniques	<b>\$50</b>
<b>Fleur de Mer Fruit or Enzyme Peel</b>	<b>\$50</b>
Dramatically improves pigmentation texture and appearance by effectively removing dead skin layers revealing healthy cells underneath.	
Minimum of 6 treatments recommended for best results.	
Pay upfront for 6 and receive an additional peel.	
Upgrade	
<b>The Fleur de Mer Deluxe Peel</b>	<b>\$75</b>
The above treatment plus half hour of lymphatic drainage massage and mask therapy.	
<b>Intensive Treatments</b>	
<b>Marine Solution Facial with Rubber Mask</b>	
This Mask is hydrating and assists the penetration of active ingredients. The osmotic transfer allows maximum performance, helping to erase the appearance of fine lines, soften deep wrinkles and give a luminous complexion.	
	<b>\$95</b>
<b>De-stressing rejuvenating head, face, neck &amp; arms massage</b>	
Massage to head, face, neck & arms using acupressure and vibrational relaxing techniques accompanied with hot towels.	
	<b>\$50</b>

## Marine Solution facial with Vitamin C Mask

Instant boost to dehydrated as well as firming, anti-oxidant, smoothing, softening, strengthens, revitalizing, excellent recovery to damaged skin, reduces sun damaged. **\$95**

## Marine Solution facial with Collagen

Pharmaceutical ampoule of sterilized pure collagen for photo aged, damaged ageing skin for advanced moisturizing, revitalizing and natural reduction of fine lines.

## Superoxide Dismutase

Intensive anti oxidant correction without painful injections for oxidative stress, premature ageing, lines. To increase micro circulation & reduction of puffiness and under eye darkness. **\$138**

## Waxing

At Vitaminsea we use the highest quality of ultra flex wax, to give the best end result. At the beginning of every treatment the skin is sanitized with professional Antiseptic products & finished with soothing hair retardant.

	<b>\$25</b>
Arm wax	
Lip, chin or eyebrow	<b>\$12</b>
Underarm	<b>\$15</b>
Bikini	<b>\$18</b>
G-bikini	<b>\$28</b>
Brazilian	<b>\$65</b>
Half leg	<b>\$28</b>
Top half	<b>\$32</b>
Full leg	<b>\$45</b>
Chest	<b>\$45</b>
Back	<b>\$50</b>
Stomach	<b>\$25</b>

## Waxing Packages

Eyebrow, lip and chin	<b>\$25</b>
Half leg and bikini	<b>\$38</b>
Half leg, bikini and underarm	<b>\$48</b>
Full leg and bikini	<b>\$58</b>
Full leg, bikini and underarm	<b>\$68</b>
Eyebrow wax, Eyebrow tint & Eyelash tint	<b>\$40</b>
Full face wax not including eyebrows	<b>\$35</b>
First time Brazilian includes 2 products	<b>\$105</b>

## Tinting

Eyelash tint	<b>\$18</b>
Eyebrow tint	<b>\$12</b>
Eyebrow tint and wax	<b>\$22</b>
Eyelash perm	<b>\$45</b>

## Professional Makeup

At Vitaminsea we use Youngblood Mineral Makeup derived from natural pigments, rather than petroleum dyes, that are high-performance, water-resistant and non-comedogenic. The natural skin tone shades provide sun-protection properties with less shimmer, offering a healthy glow and a flawless finish. For health conscious consumers, mineral makeup is the latest phenomena to hit the cosmetics world and the solution for many sufferers of acne, rosacea, pigmentation or those who have undergone an invasive skin treatment. Ladies often fall into a rut and need guidance to update their currant look. Sit down with our experienced makeup artists and learn hands on a new & modern look.

Trial make up (pre wedding or formal)	<b>\$55</b>
Bridal (in studio)	<b>\$70</b>
Formal/special occasion	<b>\$55</b>
Make up lessons one on one	<b>\$100</b>
Teen lesson packages for school students	<b>\$70p/h</b>

Maximum of 6, minimum of 4. Teaching precise Skincare & sensible sun care. Hands on makeup techniques from day into night.

## Permanent hair removal

Epilar System - used in conjunction with waxing to permanently reduce hair growth. Notice a significant reduction of hair after 2 to 3 treatments! Developed by a team of Scandinavian doctors & biochemists, the Epilar System is Europe's leading method for the permanent reduction of unwanted hair. 10 treatments minimum, other waxing areas on consultation.

Lip	<b>\$48</b>
Chin	<b>\$48</b>
Brow	<b>\$48</b>
Underarm	<b>\$60</b>
Bikini	starting from <b>\$115</b>

## Permanent Makeup

We use PMC Colours Permanent Makeup Concept. PMC Colours contain highly colour-stable pigment blends. They are used to create permanent colour changes in the skin. They can be used on every external part of the body. PMC colours are pigments of high purity, which are finely dispersed in a liquid. PMC Colours are used for intradermal permanent pigmentation of the skin in order to create special coloured effects. **\$POA**